Brief Smoking and Vaping Advice for People with Respiratory Disease Reference List

This reference list is for the Brief Smoking and Vaping Advice for People with Respiratory Disease e-learning module available for all NSW health staff via the HETI platform.

- 1. Australian Institute of Health and Welfare (2022, December 12). *Chronic Respiratory conditions*. <u>https://www.aihw.gov.au/reports/australias-health/chronic-respiratory-</u> <u>conditions</u> [accessed 07 February 2023].
- Winnall, WR, Peters, M, Greenhalgh, EM & Winstanley, MH. Cancer Council Victoria. (2020). 3.2 Respiratory diseases. Tobacco in Australia: Facts and issues. <u>http://www.tobaccoinaustralia.org.au/chapter-3-health-effects/3-2-respiratory-diseases</u>
- 3. Roberts, J., Chow, J., & Trivedi, K. (2021). Adult-onset asthma associated with ecigarette use. *Cureus*, *13*(11).
- 4. Australian Institute of Health and Welfare. (2024, June 17). *Chronic respiratory conditions: Asthma*. <u>https://www.aihw.gov.au/reports/chronic-respiratory-conditions/asthma</u>
- InformedHealth.org. Institute for Quality and Efficiency in Health Care (IQWiG). (2018, August 09). *Pneumonia: Overview*. https://www.ncbi.nlm.nih.gov/books/NBK525774/
- 6. Baskaran, V., Murray, R. L., Hunter, A., Lim, W. S., & McKeever, T. M. (2019). Effect of tobacco smoking on the risk of developing community acquired pneumonia: A systematic review and meta-analysis. *PloS one*, *14*(7), e0220204.
- 7. Miyashita, L., Suri, R., Dearing, E., Mudway, I., Dove, R. E., Neill, D. R., ... & Grigg, J. (2018). E-cigarette vapour enhances pneumococcal adherence to airway epithelial cells. *European Respiratory Journal*, *5*1(2).
- 8. Hagmeyer, L., & Randerath, W. (2015). Smoking-related interstitial lung disease. *Deutsches Ärzteblatt International*, 112(4), 43.
- 9. Vess, K. B., Ivan, N., & Boscia, J. (2024). E-cigarette-/Vape-Associated Lung Injury as a Cause of Interstitial Lung Disease. *Cureus*, *16*(4).
- Banks, E., Yazidjoglou, A., Brown, S., Nguyen, M., Martin, M., Beckwith, K., & Joshy, G. (2023). Electronic cigarettes and health outcomes: umbrella and systematic review of the global evidence. *Medical Journal of Australia*, 218(6), 267-275.
- 11. Rachid, C., Fikri, O., & Amro, L. (2023). E-cigarette and Vaping-Induced Lung Injury (EVALI) Long Taken for Miliary Tuberculosis: A Rare Cause of Interstitial Lung Disease. *Cureus*, 15(10).
- 12. Hurley, S, Winnall, WR, Greenhalgh, EM & Winstanley, MH. Cancer Council Victoria. (2021). 3.4 Lung cancer. Tobacco in Australia: Facts and issues. http://www.tobaccoinaustralia.org.au/chapter-3-health-effects/3-4-lung-cancer
- 13. Herzog, C., Jones, A., Evans, I., Raut, J. R., Zikan, M., Cibula, D., & Widschwendter, M. (2024). Cigarette smoking and e-cigarette use induce shared DNA methylation changes linked to carcinogenesis. *Cancer Research*, 84(11), 1898-1914.
- 14. Lung Foundation Australia (2018, August). *Bronchiectasis.* <u>https://lungfoundation.com.au/health-professionals/conditions/bronchiectasis/</u>

- 15. American Lung Association (2024, January 11). *Learn About Bronchiectasis. Bronchiectasis*. <u>https://www.lung.org/lung-health-diseases/lung-disease-lookup/bronchiectasis/learn-about-bronchiectasis</u>
- Mull, E. S., Shell, R., Adler, B., & Holtzlander, M. (2020). Bronchiectasis associated with electronic cigarette use: A case series. *Pediatric Pulmonology*, 55(12), 3443-3449.
- 17. Australian Institute of Health and Welfare (2023, August 15). Burden of tobacco use in Australia: Australian Burden of Disease Study 2015. Australian Burden of Disease series no. 21 Cat no. BOD 20. <u>https://www.aihw.gov.au/reports/burden-of-</u> <u>disease/burden-of-tobacco-use-in-australia/summary</u></u>
- Centers for Disease Control and Prevention. National Center for Chronic Disease Prevention and Health Promotion, Office on Smoking and Health. (2023, July 27). 2014 Surgeon General's Report: The Health Consequences of Smoking – 50 Years of Progress. <u>https://archive.cdc.gov/www_cdc_gov/tobacco/sgr/50th-anniversary/index.htm</u>
- Inoue-Choi, M., Liao, L. M., Reyes-Guzman, C., Hartge, P., Caporaso, N., & Freedman, N. D. (2017). Association of long-term, low-intensity smoking with allcause and cause-specific mortality in the National Institutes of Health–AARP Diet and Health Study. JAMA internal medicine, 177(1), 87-95.
- 20. Boakye, E., Obisesan, O. H., Osei, A. D., Dzaye, O., Uddin, S. I., Hirsch, G. A., & Blaha, M. J. (2020). The promise and peril of vaping. *Current cardiology reports*, *22*, 1-9.
- Reddy, K. P., Schwamm, E., Kalkhoran, S., Noubary, F., Walensky, R. P., & Rigotti, N. A. (2021). Respiratory symptom incidence among people using electronic cigarettes, combustible tobacco, or both. *American journal of respiratory and critical care medicine*, 204(2), 231-234.
- 22. Kim, T., & Kang, J. (2021). Association between dual use of e-cigarette and cigarette and chronic obstructive pulmonary disease: an analysis of a nationwide representative sample from 2013 to 2018. *BMC Pulmonary Medicine*, *21*, 1-10.
- 23. Banks, E., Yazidjoglou, A., Brown, S., Nguyen, M., Martin, M., Beckwith, K., ... & Joshy, G. (2022). Electronic cigarettes and health outcomes: systematic review of global evidence. *Report for the Australian Department of Health*, 7.
- 24. U.S. Centers for Disease Control and Prevention. (2020, January). E-cigarettes, or Vaping Products Visual Dictionary. <u>https://www.cdc.gov/tobacco/basic_information/e-cigarettes/pdfs/ecigarette-or-</u>vaping-products-visual-dictionary-508.pdf [Accessed 4 July 2022]
- 25. Banks, E., Beckwith, K., & Joshy, G. (2020). Summary report on use of e-cigarettes and relation to tobacco smoking uptake and cessation, relevant to the Australian context.
- 26. Ferra, J. R. M., Vieira, A. C., Carvalho, J. S., Matos, C., & Nogueira, F. (2019). Barriers to smoking cessation: the patient's perspective.
- 27. Warnier, M. J., van Riet, E. E., Rutten, F. H., De Bruin, M. L., & Sachs, A. P. (2013). Smoking cessation strategies in patients with COPD. *European Respiratory Journal*, 41(3), 727-734.
- 28. Budenz, A., Klein, A., & Prutzman, Y. (2021). The relationship between trauma exposure and adult tobacco use: analysis of the national epidemiologic survey on

alcohol and related conditions (III). *Nicotine and Tobacco Research*, 23(10), 1716-1726.

29. Twyman, L. (2022, May 13). 5 Ways Quitting Smoking Improves Your Health. Cancer Council NSW. <u>https://www.cancercouncil.com.au/news/5-ways-quitting-smoking-improves-your-</u>

health/?utm_source=&utm_content=&utm_medium=cpc&gad_source=1&gclid=EAI alQobChMlosWR2dizhQMV8KRmAh0u7w2YEAAYAyAAEgKtcPD_BwE&gclsrc=aw. ds

30. U.S. Centres for Disease Control and Prevention (2024, May 15). *Benefits of Quitting Smoking.* Smoking and Tobacco Use. <u>https://www.cdc.gov/tobacco/about/benefits-of-</u>

quitting.html#:~:text=Health%20benefits%20of%20quitting%20smoking%20over %20time&text=After%20you%20smoke%20your%20last,changes%20that%20co ntinue%20for%20years.&text=Heart%20rate%20drops.&text=Risk%20of%20hear t%20attack%20drops%20sharply.&text=Added%20risk%20of%20coronary%20h eart%20disease%20drops%20by%20half.

- 31. The Cancer Institute (2024). *Facts on Vaping Harms*. Every Vape is a Hit to Your Health. <u>https://www.cancer.nsw.gov.au/prevention-and-screening/preventing-</u>cancer/damaging-effects-of-vaping/vaping-harms-your-health
- 32. Lung Foundation Australia (2023, December). The Environmental Impact from E-Cigarettes. <u>https://lungfoundation.com.au/wp-</u> content/uploads/2024/01/Vape_FactSheet.pdf
- 33. Doll, R., Peto, R., Boreham, J., & Sutherland, I. (2004). Mortality in relation to smoking: 50 years' observations on male British doctors. *Bmj*, *328*(7455), 1519.
- 34. Cheng, C. C. W., He, W. J. A., Gouda, H., Zhang, M. J., Luk, T. T., Wang, M. P., ... & Cheung, Y. T. D. (2024). Effectiveness of Very Brief Advice on Tobacco Cessation: A Systematic Review and Meta-Analysis. *Journal of General Internal Medicine*, 1-14.
- 35. Cuccia, A. F., Patel, M., Amato, M. S., Stephens, D. K., Yoon, S. N., & Vallone, D. M. (2021). Quitting e-cigarettes: Quit attempts and quit intentions among youth and young adults. *Preventive medicine reports*, *21*, 101287.
- 36. Hobkirk, A. L., Hoglen, B., Sheng, T., Kristich, A., Yingst, J. M., Houser, K. R., ... & Foulds, J. (2022). Peer Reviewed: Intentions and Attempts to Quit JUUL E-Cigarette Use: The Role of Perceived Harm and Addiction. *Preventing Chronic Disease*, 19.
- 37. Choo, J., Noh, S., Moon, J., Park, J., Jeoung, Y., & Song, W. (2022). Intention to quit electronic cigarette smoking among university students who are e-cigarette users. *Journal of American College Health*, 1-10.
- 38. Palmer, A. M., Smith, T. T., Nahhas, G. J., Rojewski, A. M., Sanford, B. T., Carpenter, M. J., & Toll, B. A. (2021). Interest in quitting e-cigarettes among adult e-cigarette users with and without cigarette smoking history. JAMA Network Open, 4(4), e214146-e214146.
- 39. National Health and Medical Research Council. (2022, June). 2022 CEO Statement on Electronic Cigarettes. Building a Healthy Australia. <u>https://www.nhmrc.gov.au/health-advice/all-topics/electronic-cigarettes/ceostatement</u>
- 40. Struik, L., & Yang, Y. (2021). e-Cigarette cessation: content analysis of a quit vaping community on Reddit. *Journal of Medical Internet Research*, 23(10), e28303.

- 41. Morean, M. E., Krishnan-Sarin, S., & O'Malley, S. S. (2018). Assessing nicotine dependence in adolescent e-cigarette users: the 4-item patient-reported outcomes measurement information system (PROMIS) nicotine dependence item bank for electronic cigarettes. *Drug and alcohol dependence*, *188*, 60-63.
- 42. United States. Public Health Service. Office of the Surgeon General. (2010). How tobacco smoke causes disease: the biology and behavioral basis for smokingattributable disease: a report of the Surgeon General. US Department of Health and Human Services, Public Health Service, Office of the Surgeon General.
- 43. Winnall, WR, Greenhalgh, EM, Bayly, M and Scollo, MM. (2023) 18.5 Chemicals in eliquids and e-cigarette aerosols. Tobacco in Australia: Facts and issues. Cancer Council Victoria. <u>https://www.tobaccoinaustralia.org.au/chapter-18-e-cigarettes/18-5-chemicals-in-e-liquids-and-e-cigarette-aerosols</u>
- 44. Varghese, J., & Gharde, P. M. (2023). A Comprehensive Review on the Impacts of Smoking on the Health of an Individual. *Cureus*, *15*(10).
- 45. Critselis, E., & Panagiotakos, D. (2024). Impact of electronic cigarette use on cardiovascular health: current evidence, causal pathways, and public health implications. *Angiology*, 75(5), 417-424.
- 46. 46. Winnall, W, Greenhalgh, EM & Scollo, MM. (2023). Health effects of e-cigarette use during pregnancy. Tobacco in Australia: Facts and issues. Cancer Council Victoria. https://www.tobaccoinaustralia.org.au/chapter-18-e-cigarettes/18-6-the-health-effects-of-e-cigarette-use/18-6-1-health-effects-of-e-cigarette-use-during-pregnancy
- 47. Centers for Disease Control and Prevention (2020, September 21) Smoking and Respiratory Disease – What healthcare professionals need to know. <u>https://www.cdc.gov/tobacco/patient-care/care-settings/pdfs/cdc-osh-hcp-pulmonology-factsheet-508.pdf</u>
- 48.NSW Health (2019, July 16). 10 Common Myths About Quitting. https://www.health.nsw.gov.au/tobacco/Pages/myths-about-smoking-andquitting.aspx
- 49. US Department of Health and Human Services. (2020). *Smoking cessation: a report of the Surgeon General*. <u>https://pubmed.ncbi.nlm.nih.gov/32255575/</u>
- 50. Godtfredsen, N. S., & Prescott, E. (2011). Benefits of smoking cessation with focus on cardiovascular and respiratory comorbidities. *The clinical respiratory journal*, *5*(4), 187-194.
- 51. Giuliani, M., Brual, J., Cameron, E., Chaiton, M., Eng, L., Haque, M., ... & Evans, W. K. (2020). Smoking cessation in cancer care: myths, presumptions and implications for practice. *Clinical Oncology*, *32*(6), 400-406.
- 52. Heydari, G., Masjedi, M., Ahmady, A. E., Leischow, S. J., Lando, H. A., Shadmehr, M. B., & Fadaizadeh, L. (2014). A comparative study on tobacco cessation methods: a quantitative systematic review. *International journal of preventive medicine*, 5(6), 673.
- 53. Cancer Institute (2022). *Ten Tips to Quit* Smoking. <u>https://www.cancer.nsw.gov.au/prevention-and-screening/preventing-cancer/quit-smoking/ten-tips-to-quit-smoking</u>

- 54. Commonwealth of Australia. Department of Health and Aged Care. (2023, December 23). *Know Your Triggers*. <u>https://www.health.gov.au/topics/smoking-vaping-and-tobacco/how-to-quit/know-your-triggers</u>
- 55. Chang, P. H., Chiang, C. H., Ho, W. C., Wu, P. Z., Tsai, J. S., & Guo, F. R. (2015). Combination therapy of varenicline with nicotine replacement therapy is better than varenicline alone: a systematic review and meta-analysis of randomized controlled trials. *BMC public health*, *15*, 1-8.
- 56. Royal Australian College of General Practitioners (2021, September 29). Supporting Smoking Cessation: A Guide for Health Professionals. RACGP. <u>https://www.racgp.org.au/clinical-resources/clinical-guidelines/key-racgp-guidelines/view-all-racgp-guidelines/supporting-smoking-cessation</u>
- 57. NSW Health (2019, November 22). *Quick Guide to Drug Interactions with smoking cessation*. <u>https://www.health.nsw.gov.au/tobacco/Pages/drug-smoking-cessation.aspx</u>
- 58. Caponnetto, P., Campagna, D., Ahluwalia, J. S., Russell, C., Maglia, M., Riela, P. M., ... & Polosa, R. (2023). Varenicline and counseling for vaping cessation: a double-blind, randomized, parallel-group, placebo-controlled trial. *BMC medicine*, *21*(1), 220.
- 59. Hajek, P., Phillips-Waller, A., Przulj, D., Pesola, F., Myers Smith, K., Bisal, N., Li, J., Parrott, S., Sasieni, P., Dawkins, L., Ross, L., Goniewicz, M., Wu, Q. and McRobbie, H.J. (2020), 'A Randomised Trial of E-Cigarettes versus Nicotine Replacement Therapy', the New England Journal of Medicine <u>https://www.nejm.org/doi/full/10.1056/NEJMoa1808779</u>
- 60. Inoue-Choi, M., Liao, L. M., Reyes-Guzman, C., Hartge, P., Caporaso, N., & Freedman, N. D. (2017). Association of long-term, low-intensity smoking with allcause and cause-specific mortality in the National Institutes of Health-AARP Diet and Health Study. JAMA internal medicine, 177(1), 87-95.
- 61. Kopa-Stojak, P. N., & Pawliczak, R. (2024). Comparison of the effects of active and passive smoking of tobacco cigarettes, electronic nicotine delivery systems and tobacco heating products on the expression and secretion of oxidative stress and inflammatory response markers. A systematic review. Inhalation Toxicology, 36(2), 75-89.